



Family Constellations is available with Yildiz Sethi on <https://familyconstellations.com.au> and a vital component of Rapid Core Healing Mastery, in working with the system in a holistic, revolutionary approach of Rapid Core Healing that includes Practical Trauma Informed Treatment for personal and systemic health. The same course on each site.

Online Systemic Family Constellations practitioner training

Module 1: Entering the field

Essential course information. Introduction to Family Constellations as a different way to view individuals, family, relationships, wellbeing, growth and transformation. Working without knowing, learning to feel and read energy and core dynamics.

Module 2: Personal Development and Growth

The growth that is required for you to become a constellation practitioner, requires you to experience and resolve what needs to be put to rest, within your own family system. An examination of what is required to come out of judgement, look at the bigger picture, not be personally triggered, and work in service of the client or family.

Module 3: Energy

The constellation field, energy, how to work with it, and what to be mindful of. Working with energy ethically and healthily. Some fundamental truths on which to build your practice.

Module 4: Orders of Love 1

Looking at the patterns set up by our original families, including ancestors and cultural or traumatic influences. Understanding the value of spatial arrangements in constellations and an introduction of the value of order on mental health and wellbeing. Looking at loyalties, burdens and blind love. The effects of mother love. The effects of father love.

Module 5: Orders of love 2

Looking at the patterns we form in our present families. Examining the transition from original to present family and its impact not only on ourselves, but those we are responsible for or in relationship with.

Module 6: Transforming Blind Love

Examining the profound transformation from blind love to mature love. primarily with our parents first, so that what comes out of this growth can be present, with us, us as partners or parents in the present.



Module 7: Perpetrator / Victim

- How to notice these dynamics on many levels.
- Sexual abuse, incest, trauma and what is required in the family system or in the individual to be released, or find more freedom.
- Perpetrator-victim dynamics-
- Systemic sexual abuse dynamics.
- Trauma informed and skilled processing.
- Systemic Trauma dynamics

Module 8: Consciousness, Guilt and Innocence.

The nature of connection, loyalty, dysfunction and growth through innocence and guilt. A complex but fascinating exploration for us all.

Module 9: Experiential- 6 days (Mon-Fri plus Saturday) online- zoom 9.30-4 30 pm AEST Qld Australia time zone.

Putting theory into practice. Holding constellations, online, doing private sessions in four formats. The power of rituals. Demonstrations and practice in break-out groups

Experiential Online

- Original and present family group process.
- Private sessions in 5 formats:
 - 1 Use of Floor anchors
 - 2 Use of Triangles/
 - 3 Use of dolls
 - 3 In the Minds Eye. (Hypno-constellations)
 - 4 Working Online and in-person
- Relationships and divorce. Spiritual Divorce
- Blended Family
- Adoption and Fostering
- Systemic sexual abuse
- Rights' of Passage- Spiritual divorce, grieving, Moving into your own life from your system
- Holding workshops

Module 10: Mind Science

Putting it all together, humanity, psyche, energy, somatic sensing. The relationships between science, neuroscience, epigenetics, life force, spirituality and new perspectives.

Module 11: Completion

Case studies, becoming a practitioner, looking after yourself as a practitioner. How to develop and remain supported and connected in the field.